

Molecular Mechanisms of Cardiogenesis and PERHAPS of Cardiovascular Regeneration

VO SS2023 am 17. 5. 2023

Ao. Univ. Prof. Dr. **Georg Weitzer**

Zentrum für Medizinische Biochemie,
Max Perutz Labs,
Medizinische Universität Wien

You find the lecture on my homepage /
Sie finden die Vorlesung und Lernunterlagen auf meiner Homepage

<http://homepage.univie.ac.at/georg.weitzer/>



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Central Hypothesis - on which this lecture is based:

Understanding how molecular mechanisms contribute to the function of the heart, will help to understand the molecular mechanisms which contribute to the regeneration of the heart.
– and perhaps might be harnessed for therapy.

The function of the heart includes

- the development,
- the rythical contraction,
- homeostasis,
- various diseases,
- ageing
- and final failure

Credit: The Olson LAB at UT Southwestern, Texas

Mending broken hearts:

Cardiac development as a basis for adult heart regeneration and repair.

Xin M¹, Olson EN, Bassel-Duby R. *Nat Rev Mol Cell Biol*. 2013 Aug;14(8):529-41. doi: 10.1038/nrm3619. Epub 2013 Jul 10.



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Inhalt

- Entstehung, Anatomie und Funktionsweise des Herzens /
 - Aufbau und Funktionsweise des Herzens
 - Entstehung des Herzens im Laufe der Embryogenese
 - Molekulare Regulation der Herzentstehung und Homöostase
- Die Stammzellen des Herzens
- Genetische Veränderungen, die zu Erkrankungen des Herzens führen und auf die Funktion der Stammzellen verweisen
- Stammzelltherapie des Herzens



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Content

- Development, Anatomy and Function of the Heart
 - Anatomy and Function of the Heart
 - Development of the Heart during Embryogenesis
 - Molekulare Regulation of Heart Development and Homeostasis
- The stem cells of the heart
- Monogenetic diseases of the heart
- Stem cell therapy of the heart



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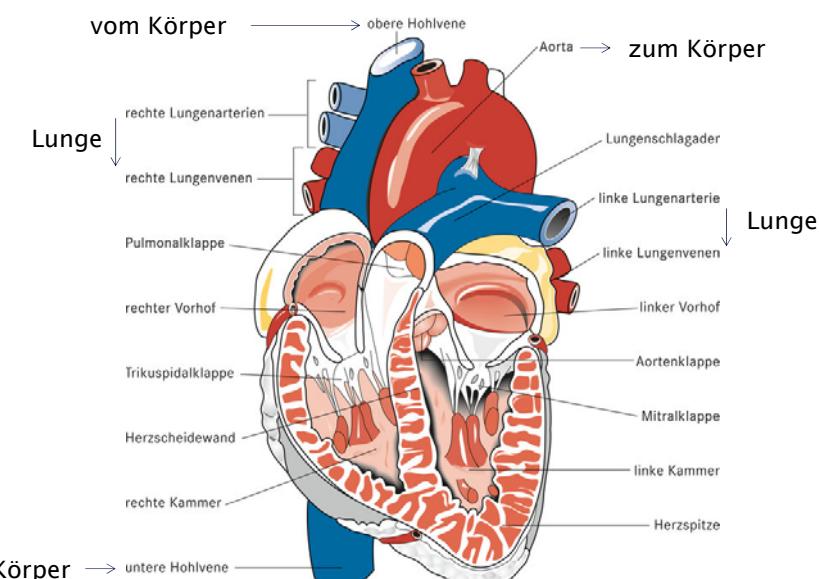
Inhalt / Content

- Entstehung, Anatomie und Funktionsweise des Herzens
- Aufbau und Funktionsweise des Herzens / Composition and function of the heart

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Aufbau des Herzens / Composition of the heart

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Reizleitungssystem des Herzens / Cardiac conduction system

Sympathische und
Parasympathische
Nervensystem

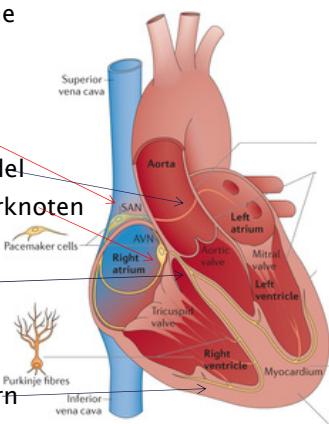
Sinusknoten

Bachmanns Bündel
Atrio-Ventrikulärknoten

Hiss-Bündel

Purkinje-Fasern

Ventrale Ansicht / view



Nature Reviews | Molecular Cell Biology

Nat Rev Mol Cell Biol. 2013 Aug;14(8):529-41. doi: 10.1038/nrm3619. Epub 2013 Jul 10.
Mending broken hearts: cardiac development as a basis for adult heart regeneration and repair.
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Die Versorgung des Herzens mit Blut / The supply of the heart with blood via the coronary arteries / Rechte und linke Herzkrank Arterie

Das Herz von unten = dorsal (hinten)

obere Hohlvene untere Hohlvene

Pulmonalvenen

große Herzvene

Arteria circumflexa der linken Kranzarterie

Coronarius

Ventrale Ansicht (von vorne)

Aorta

Pulmonararterie

linke Herzkranzarterie

rechte Kranzarterie

hinterer absteigender Ast (PDA)

Marginalarterie der rechten Kranzarterie

Quelle: [herzinfarkt](#). Primär Dr. Georg Gaul
Verlag Holzhäuser GmbH, [www.verlagholzhausen.at](#)



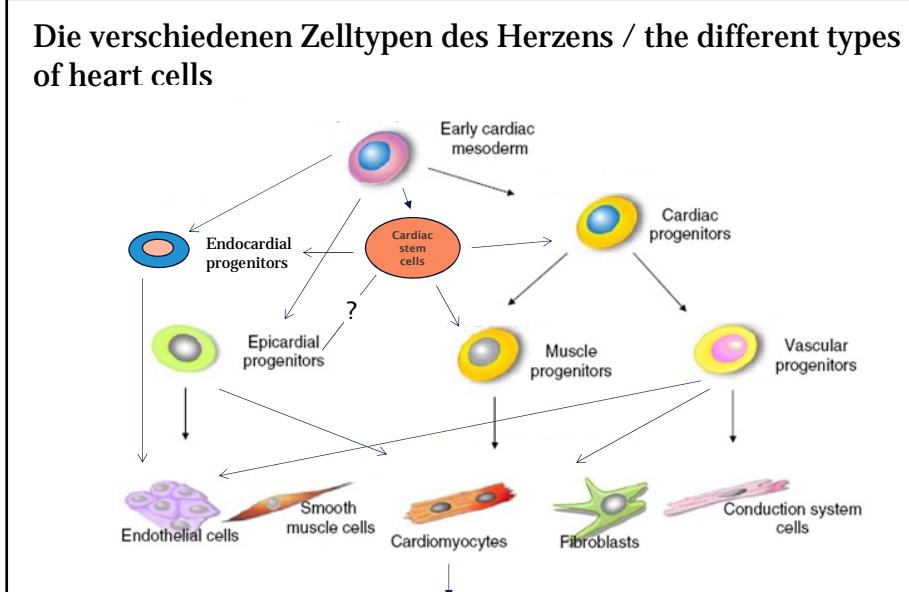
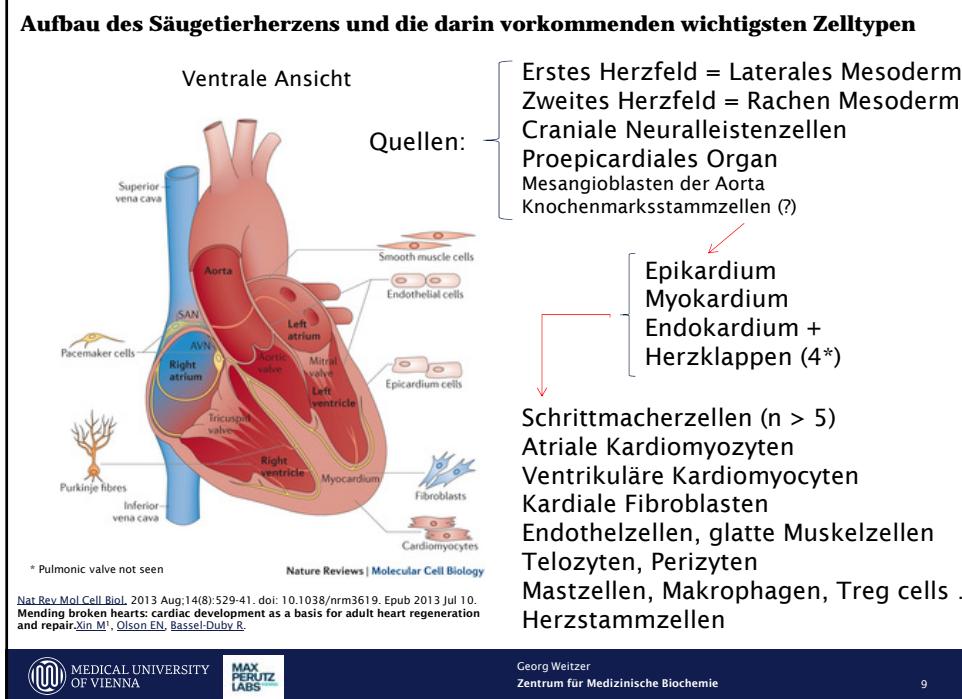
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Die zelluläre Zusammensetzung des Herzens / The cellular composition of the heart

- Das Herz besteht aus ca. 20 verschiedenen Zelltypen
- ~ 20% davon sind Kardiomyozyten; diese nehmen 70 -80% des Raumes ein
- > 50% sind Fibroblasten, diese nehmen nur ~ 20% des Raumes ein
- ~30% andere Zelltypen
- Häufigkeit der Herzstammzellen: 1:30.000 -1:500.000

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1. take home message:

There are at least 20 different types
of cells in the heart,

and only 20% are cardiomyocytes.

Therapeutic intervention must target
other cell types too.

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Entstehung, Anatomie und Funktionsweise des Herzens

- Aufbau des Herzens
- **Funktionsweise des Herzens / Mode of operation**
- Entstehung des Herzens
- Molekulare Regulation der Herzentstehung und Homöostase



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Funktionsweise des Herzens / Mode of operation

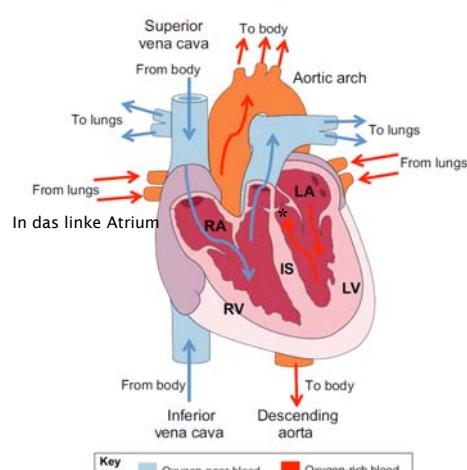


Fig. 1. The adult mammalian heart. The adult mammalian heart is made up of four chambers: the right and left ventricles (RV and LV) and right and left atria (RA and LA). The ventricles are separated by the interventricular septum (IS). The vena cava and the aorta carry the flow of blood to and from the heart, respectively. Blood low in oxygen (blue arrows) from the different tissues is collected into the right atrium via the superior and inferior vena cava and flows to the lungs through the right ventricle. Oxygenated blood (red arrows) from the lungs flows into the left atrium and is pumped into the aorta by the left ventricle. This system allows oxygenated and non-oxygenated blood to be completely separate.

Abbildung aus :<http://dev.biologists.org/content/143/8/1242>

Link to Youtube lecture: <https://www.khanacademy.org/science/health-and-medicine/circulatory-system/circulatory-system-introduction/v/flow-th>

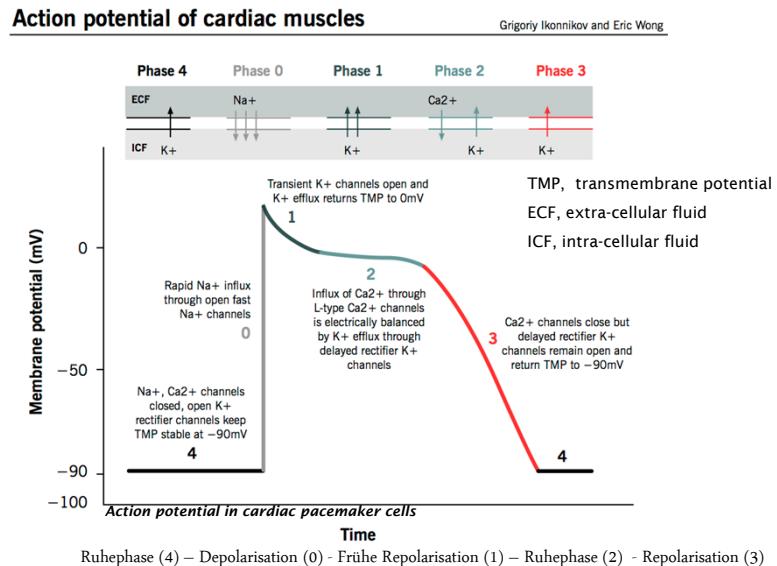


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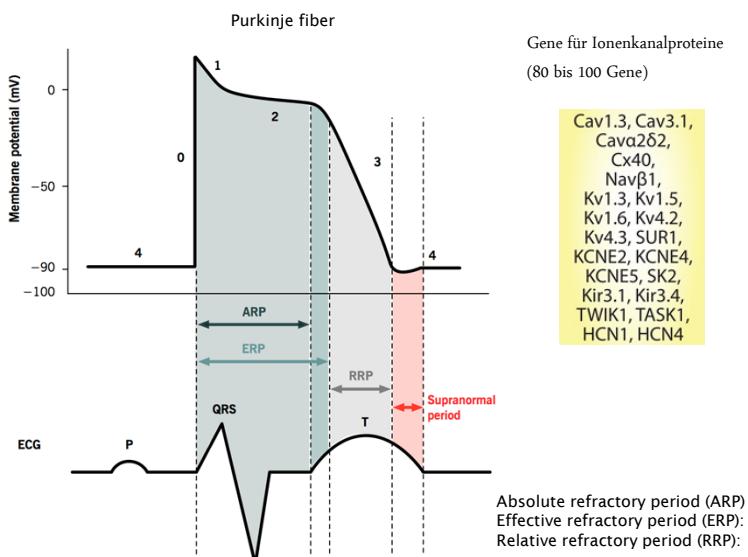
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Die Herzmuskelzellenkontraktion in einer einzelnen Zelle betrachtet:

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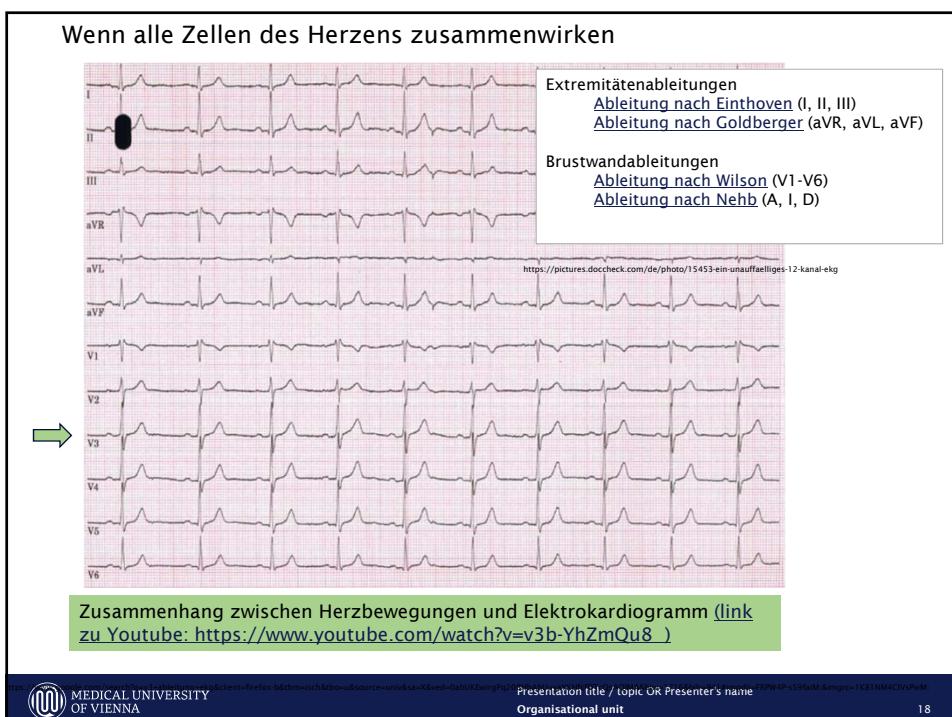
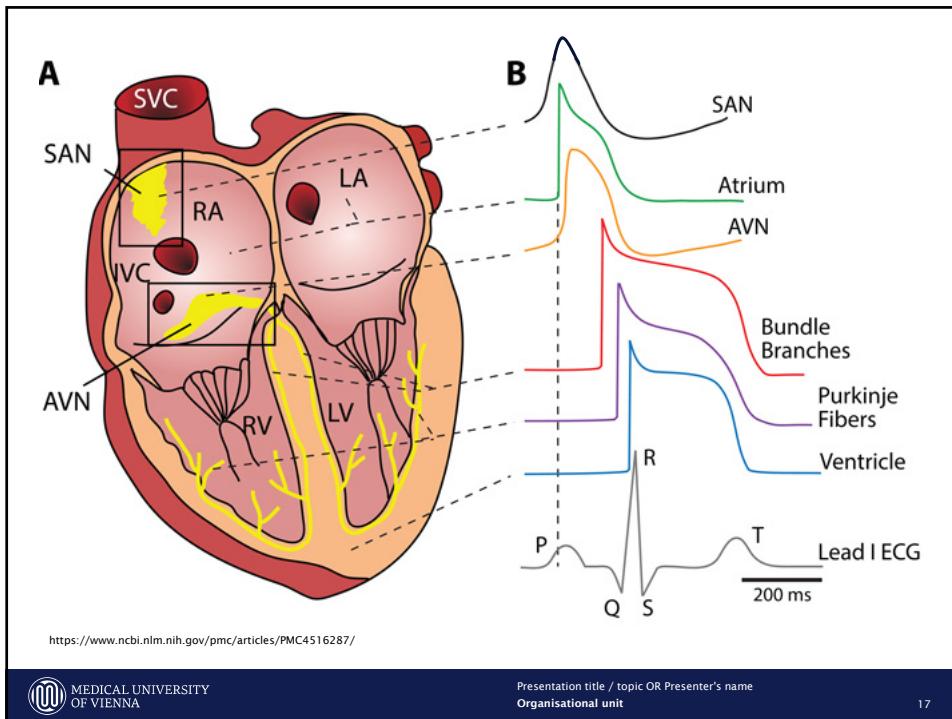
Zusammenhang zwischen Aktionspotentialen und EKG



<http://www.pathophys.org/physiology-of-cardiac-conduction-and-contractility/>

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2. take home message:

1. There are at least 80 different genes expressed in various cardiomyocytes which are responsible for the individual action potentials of the different types of cardiomyocytes.

2. The ECG is the sum of all individual action potentials of all contracting cells.

3. The influence of non-cardiomyocytes on ECG is not known.

Entstehung, Anatomie und Funktionsweise des Herzens

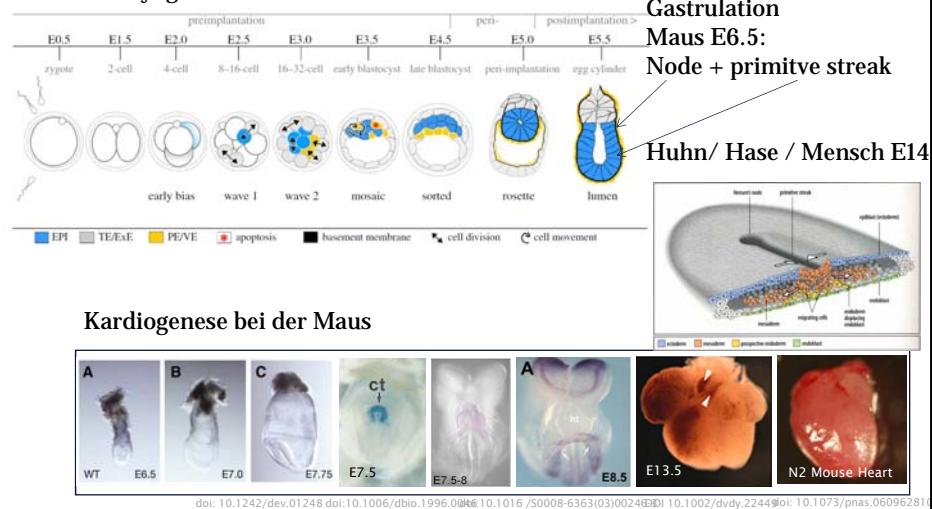
- Aufbau des Herzens
- Funktionsweise des Herzens
- **Entstehung des Herzens im Laufe der Embryogenese / Development of the heart during embryogenesis**
- Molekulare Regulation der Herzentstehung und Homöostase

Central question:

From where do all the different cell types in the heart come from?

Wie entsteht das Herz während der Embryogenese?

Frühe Embryogenese bei der Maus

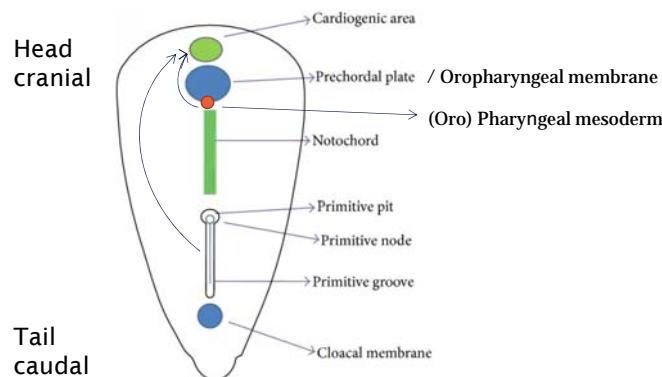


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Wo entstehen die ersten Herzzellen? / Where does the heart evolve?

Ventral view



Schematic diagram: [http://dx.doi.org/10.1155/2014/636375\(1\)](http://dx.doi.org/10.1155/2014/636375(1))

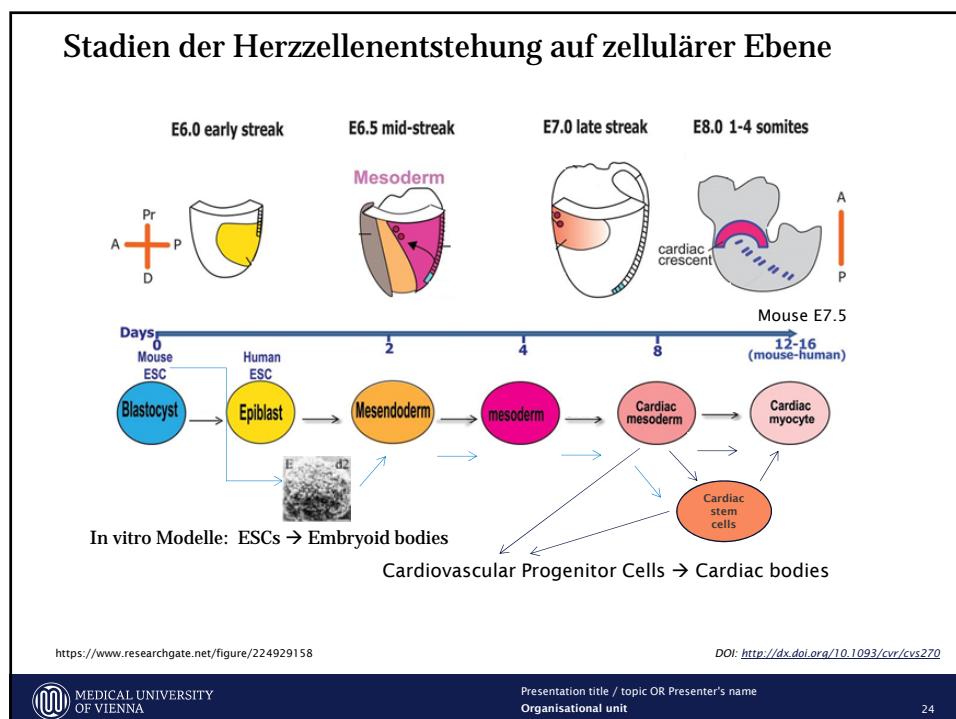
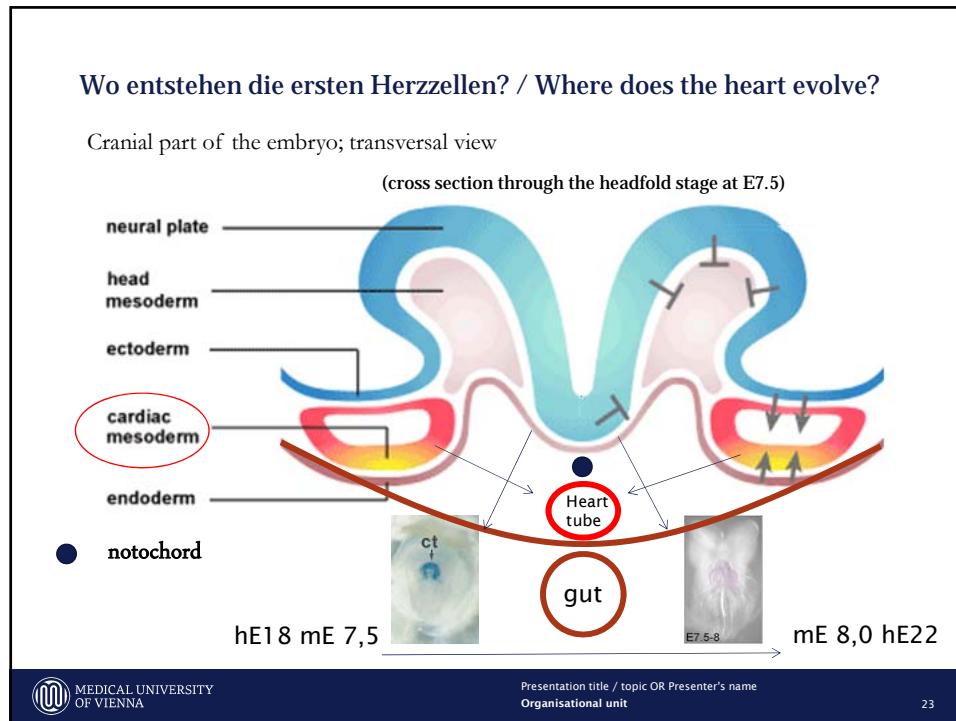
See video: https://www.youtube.com/watch?v=Ouge_rVI2aA

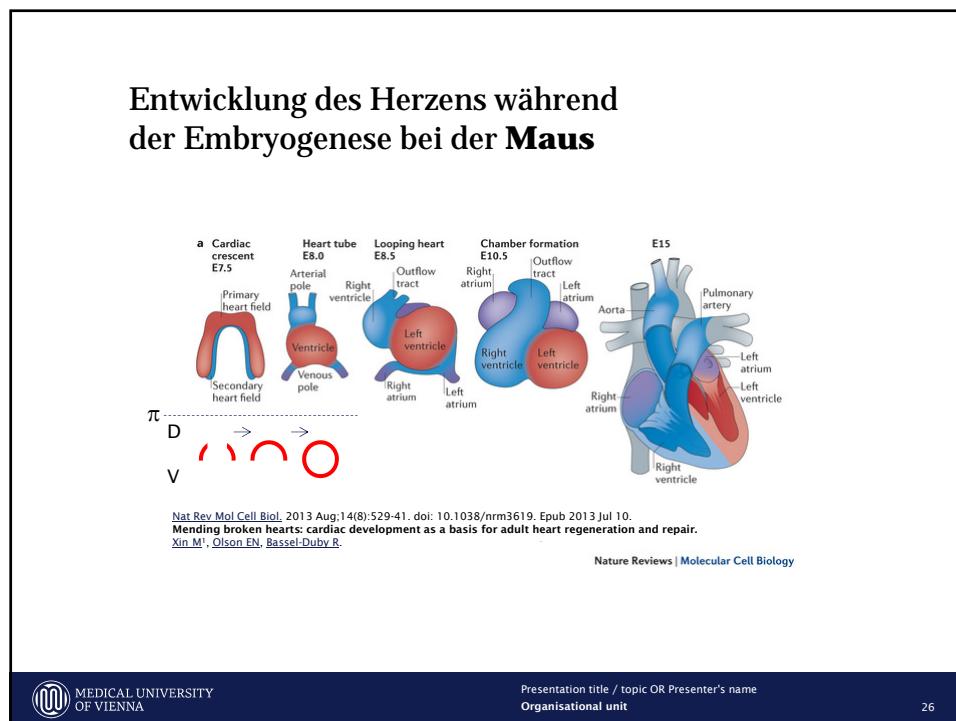
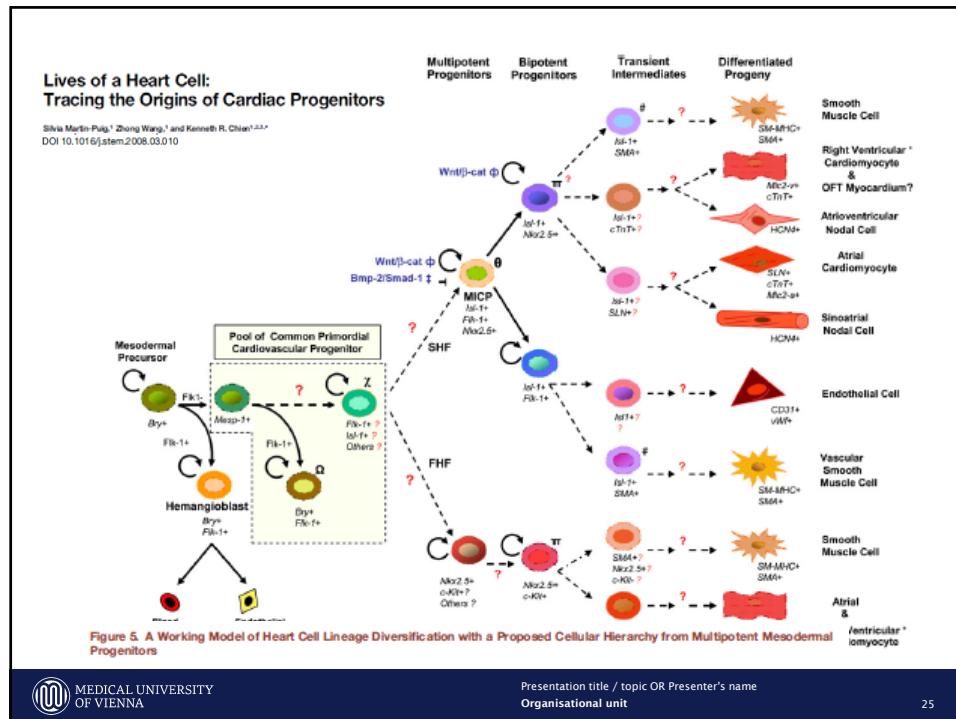
(cross section through the headfold stage at E7.5)



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Article

Single-cell transcriptomic characterization of a gastrulating human embryo

<https://doi.org/10.1038/s41586-021-04158-y> Richard C. V. Tyser^{1*}, Elmir Mammadov^{2,3,4†}, Shota Nakano¹, Ludovic Vallier², Antonio Scialdone^{2,3,4,5‡} & Shankar Srinivas^{1,7§}
Received: 28 July 2020

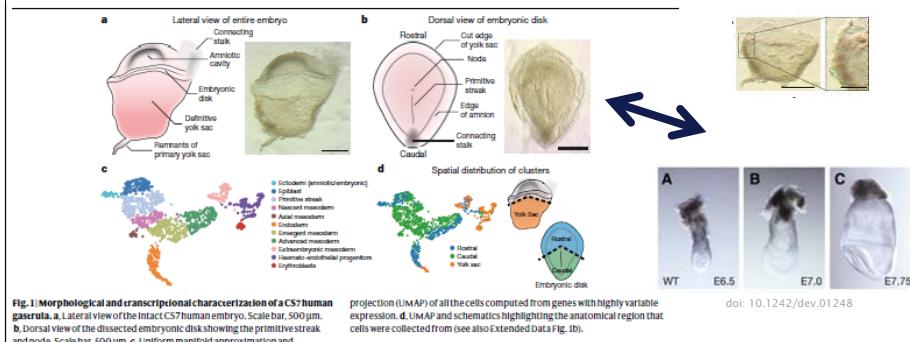


Fig. 1 | Morphological and transcriptional characterization of a C57 human embryo. **a**, Lateral view of the intact C57 human embryo. Scale bar, 500 μ m. **b**, Dorsal view of the dissected embryonic disk showing the primitive streak and node. Scale bar, 500 μ m. **c**, Uniform manifold approximation and

projection (tSNE) of all the cells computed from genes with highly variable expression. **d**, tSNE and schematics highlighting the anatomical region that cells were collected from (see also Extended Data Fig. 1b).

doi: 10.1242/dev.01248

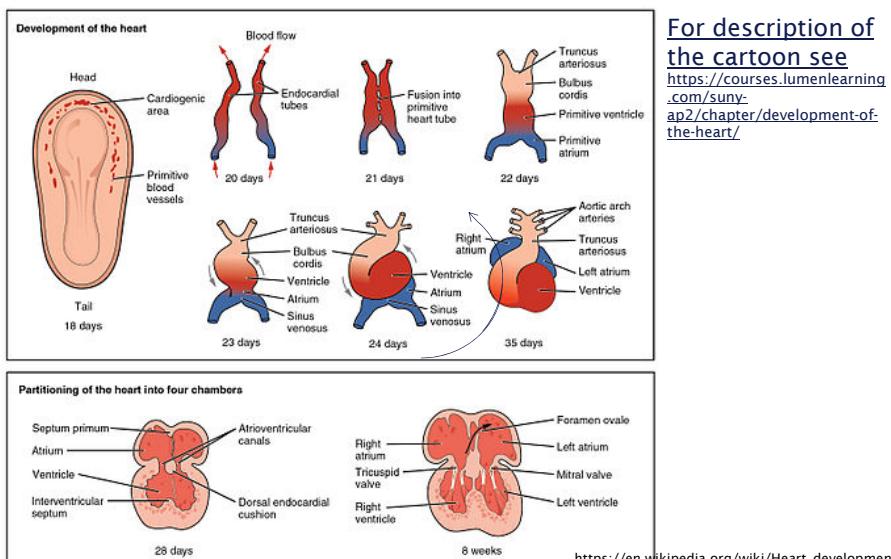
Cardiac precursors can be identified 16 -19 days after conception.



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Entwicklung des Herzens während der Embryogenese beim Menschen



For description of the cartoon see
<https://courses.lumenlearning.com/suny-ap2/chapter/development-of-the-heart/>

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https://en.wikipedia.org/wiki/Heart_development

3. take home message:

Evolutionary and developmental origin of heart cells

1. Splanchnic mesoderm → first heart field → heart tube
2. Pharyngeal mesoderm → second heart field → poles of the heart tube
3. Neural plate border → cardiac neural crest cells → outflow tract + valves + + conduction system
4. Pronephros → epicardial organ → epicardium + coronary vessels.



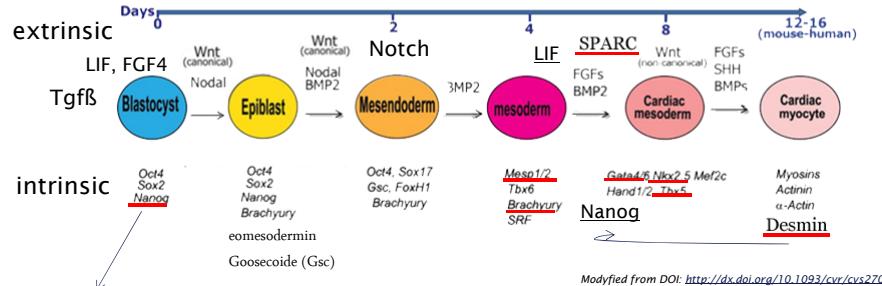
Entstehung, Anatomie und Funktionsweise des Herzens

- Aufbau des Herzens
- Funktionsweise des Herzens
- Entstehung des Herzens
- **Molekulare Regulation der Herzentstehung und Homöostase /**
- Molecular regulation of cardiac development and homeostasis**



Extrinsische und intrinsische Regulation der Kardiomyogenese?

(Mehr als 400 involvierte Gene bis jetzt gefunden)



SON-network:

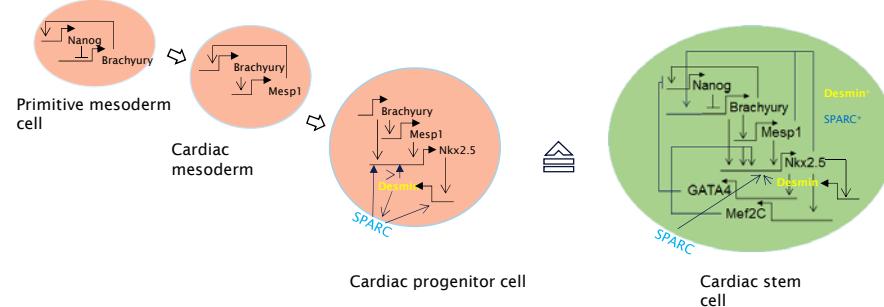
Each TF activates together with the 2 other TFs all 3 genes. → guarantees self renewal

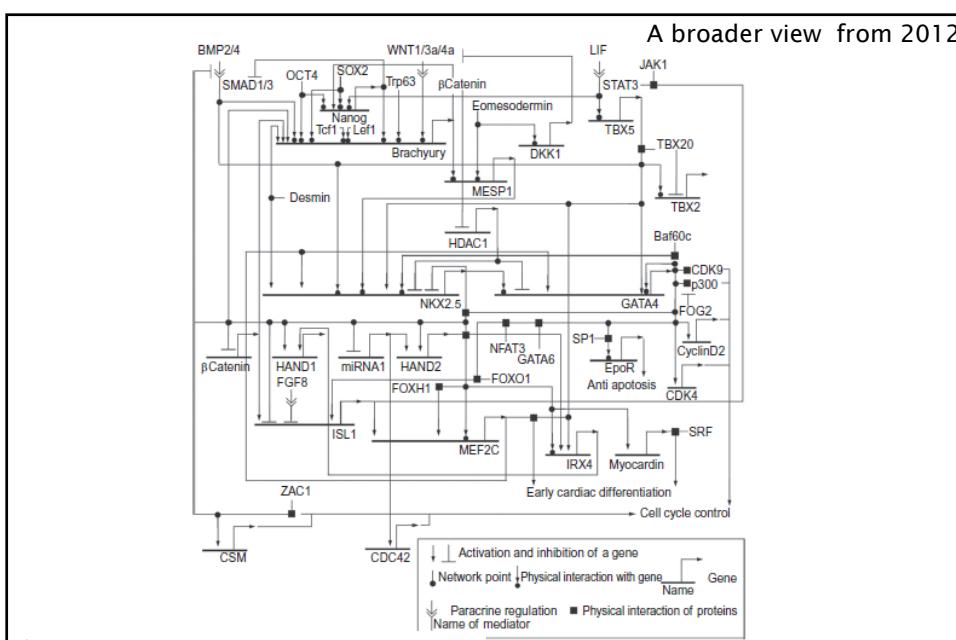
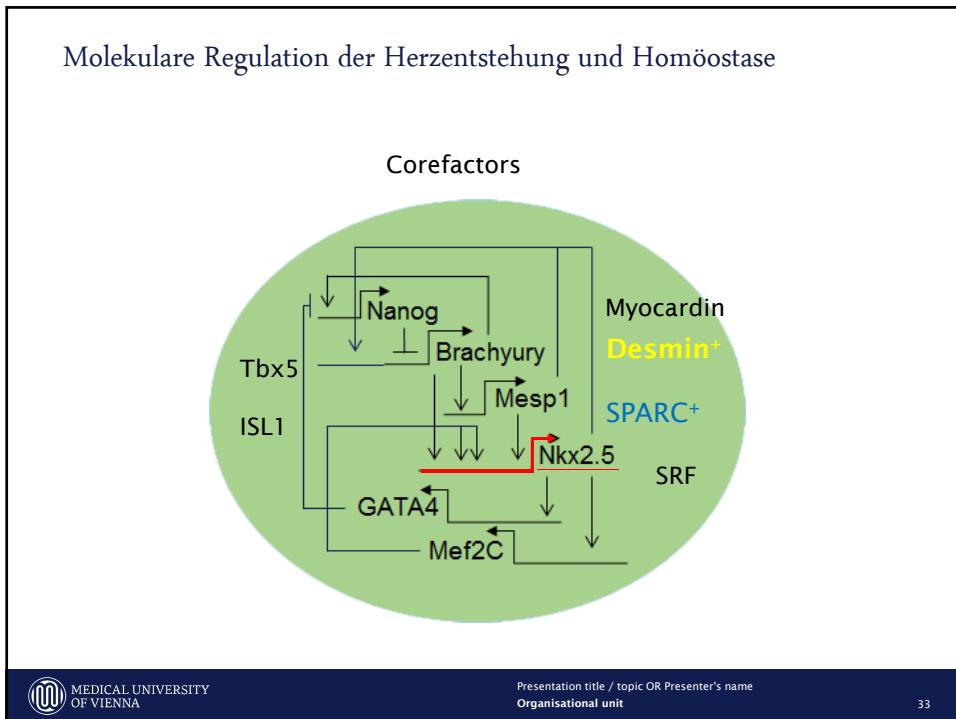
Intrinsic, cell autonomous regulation of cardiomyogenesis

Hirachische Abfolge während der Kardiomyogenese und

Netzwerkbildung in adulten Stammzellen - Eine Hypothese

(ein kleiner Ausschnitt des tatsächlichen Geschehens!)





4. take home message:

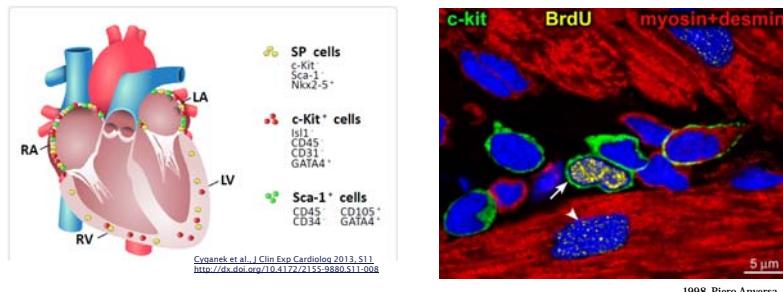
1. At least 400 genes are involved in the regulation of the heart cell development.
2. Nanog, Brachyury, Eomesodermin and Mesp1 are transiently indispensable.
3. Nkx2.5, GATA4, Tbx5, and Mef2C seems to be at the core of the regulation of cardiac development and also during homeostasis in the adult and ageing heart.

Inhalt / Content

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 - Entstehung des Herzens im Laufe der Embryogenese
 - Molekulare Regulation der Herzentstehung und Homöostase
- **Die Stammzellen des Herzens / Cardiac stem cells**
- Genetische (und epigenetische) Veränderungen, die zu Erkrankungen des Herzens führen und auf die Funktion der Stammzellen verweisen
- Stammzelltherapie des Herzens

Vorkommen von Herzstammzellen im Herz

1998: Cardiac stem cells in the adult heart



- 1:30.000 – 1:500.000 heart cells is a cardiac stem cell.
- can be only isolated by FACS with surface markers also found in other stem cell populations.
- when forced, they differentiate to endothelial cells, smooth muscle cells and spontaneously contracting cardiomyocytes.
- FACS-isolated CSCs are not expandable. The niche conditions are not known.
- since not expandable ex vivo, they cannot be used for cell therapy so far. -with one exception:
- Cardiosperes: Aggregated populations of heart cells containing CSCs and their niche

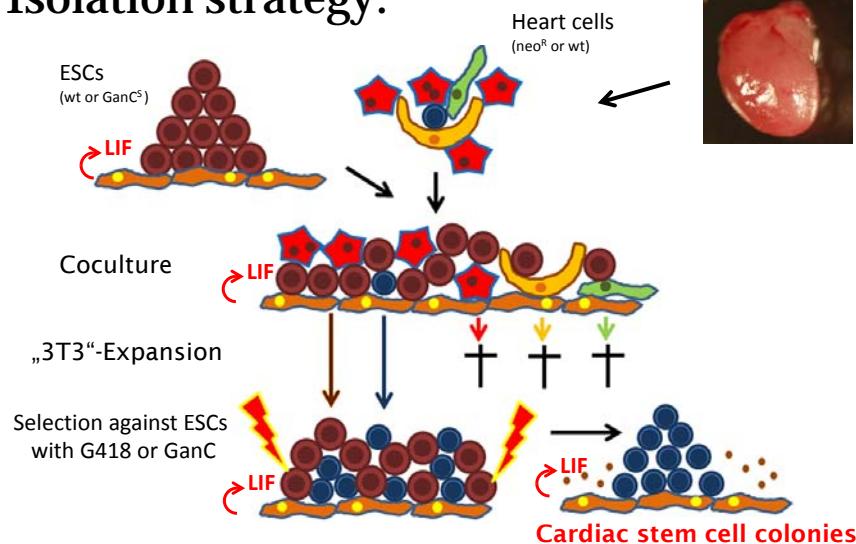


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Isolation strategy:

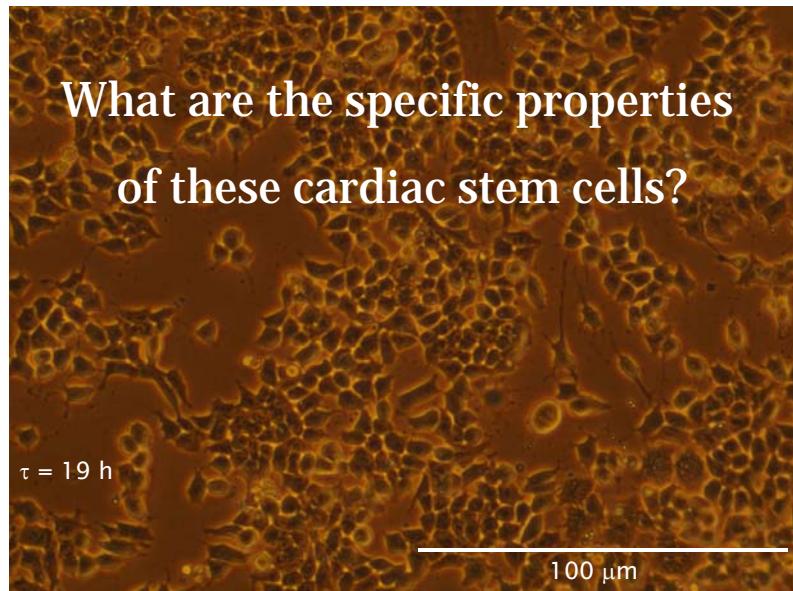


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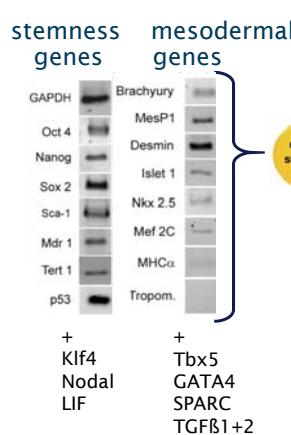
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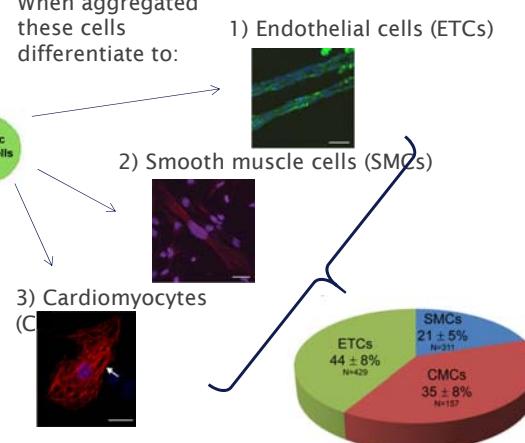
What are the specific properties of these cardiac stem cells?



Gene expression profile and differentiation potential of cardiac stem cells



When aggregated
these cells
differentiate to:



5. take home message:

1. Cardiac stem cells do exist.
2. It is still not clear whether they are homogenous or a heterogenous population of stem cells of different origin and/or with different properties.
3. In vivo, cell division in adults leads to only 0.3 to 0.5% new cardiac cells per year.
4. We have no prove from where new cardiac cells come.



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- Stammzelltherapie des Herzens



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Genetische Veränderungen die zu Erkrankungen des Herzens führen

Embryonal tödlich:

- Nanog and Brachyury (T) KO: no heart at all
- Mesp1 KO: lethal before E9.5, malformation of the heart
- Smad4 heart-specific KO: lethal between E11.5 – E13.5, less cardiomyocytes

Wildtyp Mäuseherz

Smad4 KO Herz

E12.5 doi: [10.1161/CIRCRESAHA.107.155630](https://doi.org/10.1161/CIRCRESAHA.107.155630)

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Genetische Veränderungen die zu Erkrankungen des Herzens führen ([siehe OMIM Datenbank des NIH](#))

Fötal bis Juvenil, lebensverkürzend: Tbx5, Nkx2.5, GATA4

- Tetralogy of Fallot (TOF)** can be caused by heterozygous mutation in the **NKX2.5** gene on chromosome 5q35, the **GATA4** gene on chromosome 8p23. or the **JAG1** gene on chromosome 20p12 (Jagged-1 is a ligand of the Notch receptor). TOF is also a well-recognized feature of many syndromes, including the 22q11 microdeletion syndrome and trisomy 21, and has been found to be caused by mutations in several genes, including **ZFPMP2**, (Friend of GATA "FOG" is a zinc finger protein that interacts with GATA2 and modulates its transcriptional activity), **TBX1** (also DiGeorge syndrome), and **GATA6**.
- Holt-Oram syndrome (HOS)** is caused by heterozygous mutation in the **TBX5** gene on chromosome 12q24. Holt-Oram syndrome is an autosomal dominant disorder characterized by abnormalities of the upper limbs and shoulder girdle, associated with a congenital heart lesion. The typical combination is considered to be a triphalangeal thumb with a secundum atrial septal defect (ASD), but there is a great range in the severity of both the heart and skeletal lesions.

<https://www.google.com/search?q=triphalangeal+thumb+and+holt+oram&client=firefox-b&tbo=u&source=univ&sas=X&ved=0ahUKEwj-w-2hlBvbAhWBBZoKHTr-AAQjAQJLQ&btiw=1716&bih=941#imgrc=YfAANgkLinzh24M>

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Holt-Oram Syndrom

Atrial Septal Defect (ASD)

normales Herz

Tetralogy of Fallot

Fallot-Tetralogie

- reitende Aorta
- Pulmonal-stenose
- Ventrikelseptumdefekt
- Rechtsherzhypertrophie

Mutations in the Nkx2.5, Tbx 5, and GATA4 genes contribute also to congenital heart diseases manifested during adulthood.

Von Tetralogy_of_Fallot.svg: Mariana Ruiz LadyofHats derivative work:Bikedoc - File:Bluebaby syndrom.svg, CCO, https://commons.wikimedia.org/w/index.php?curid=19210105

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Genetische Veränderungen die zu Erkrankungen des Herzens führen

Adult bis Seneszent (alternd)

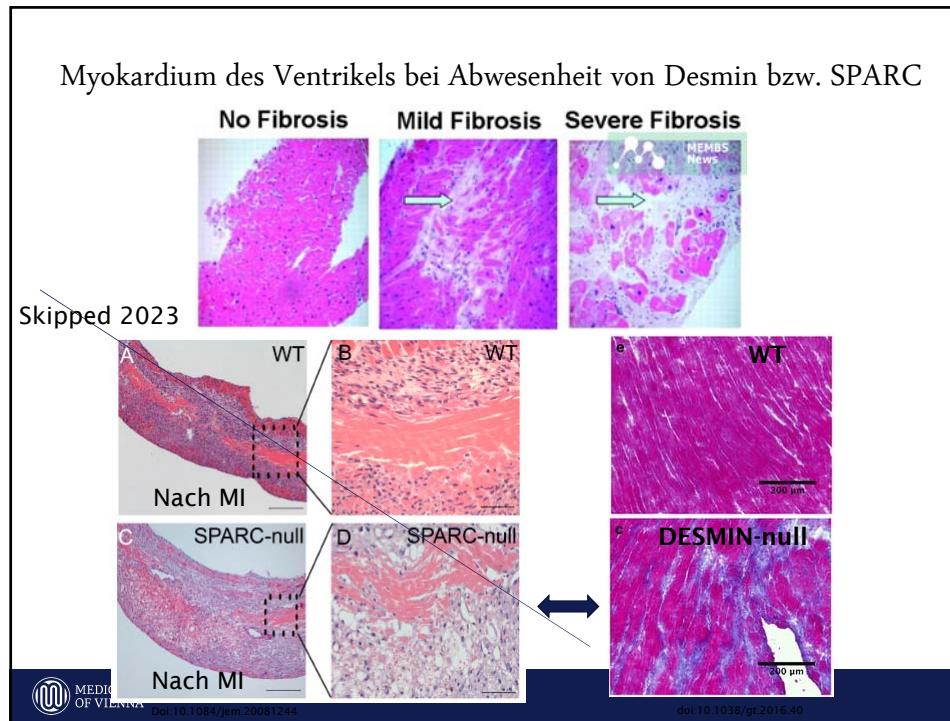
Generell Mutationen in Strukturproteinen

- **Desminopathy** or cardiac myofibrillar myopathy-1 (MFM1) is caused by heterozygous, homozygous, or compound heterozygous mutation in the desmin gene (**DES**) on chromosome 2q35. Fibrosis and scar formation due to protein aggregation, causing dilatative cardiomyopathies.

Skipped 2023

- **SPARC** (Secreted protein acidic and rich in cysteine) is located on chromosome 5q33.1. SPARC is a matrix-associated protein that elicits changes in cell shape, inhibits cell-cycle progression, and influences the synthesis of extracellular matrix (ECM). CVD so far only described in Drosophila and mouse); Causes fibrosis and scar formation. (Dosage effects seem to dominate pathologies.) Pulmonary Hypertension- right Atrium Hypertrophy (Veit et al., Circulation 2022).

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6. take home message:

1. Mesodermal and pro-cardiogenic mesoderm transcription factors such as Nanog, Brachyury, Eomesodermin and Mesp1/2 are essential for the formation of cardiac progenitor cells.
2. Core transcription factors such as Nkx2.5, GATA4 and Tbx5 are expressed in progenitor and stem cells, and are essential for heart development and maintenance of the function of the adult heart.
3. Late onset dilated cardiomyopathies may be caused by mutations in so-called structural genes.

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- **Stammzelltherapie des Herzens / Stem Cell Therapy of the heart**



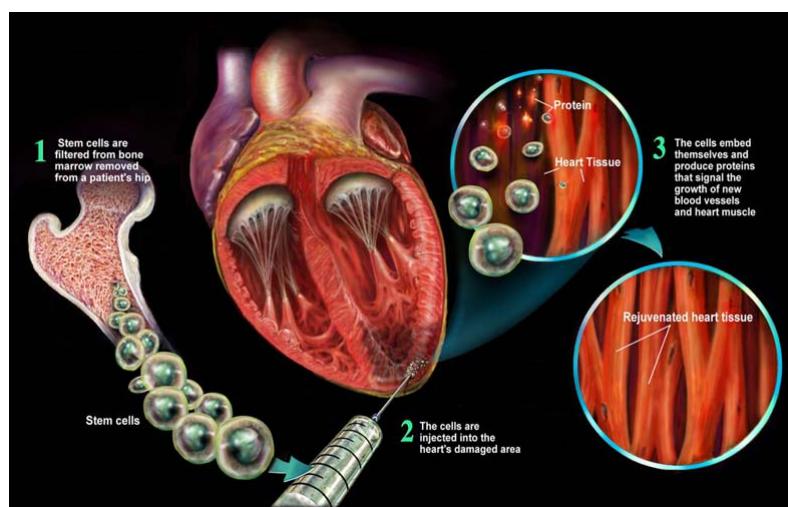
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„How stem cell therapy works“ (2016):



<http://adultstemcells.web.unc.edu/files/2013/12/heart.jpg>



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Mending broken hearts

Stem cell therapy of acute myocardial infarction (AMI)

- Embryonic stem cells → too risky because of tumor formation, ethical issues
- Induced pluripotent cells → too risky because of tumor formation
- Induced cardiomyocytes → one pre-clinical study; too early for evaluation
- Cardiac stem cells → not available in sufficiently large quantities
- Adipose tissue-derived
- mesenchymal stem cells → seems not to differentiate properly but provide growth factors
- Bone marrow stem cells → safe, but not suitable for cardiac regeneration

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Heart Regeneration by Endogenous Stem Cells and Cardiomyocyte Proliferation

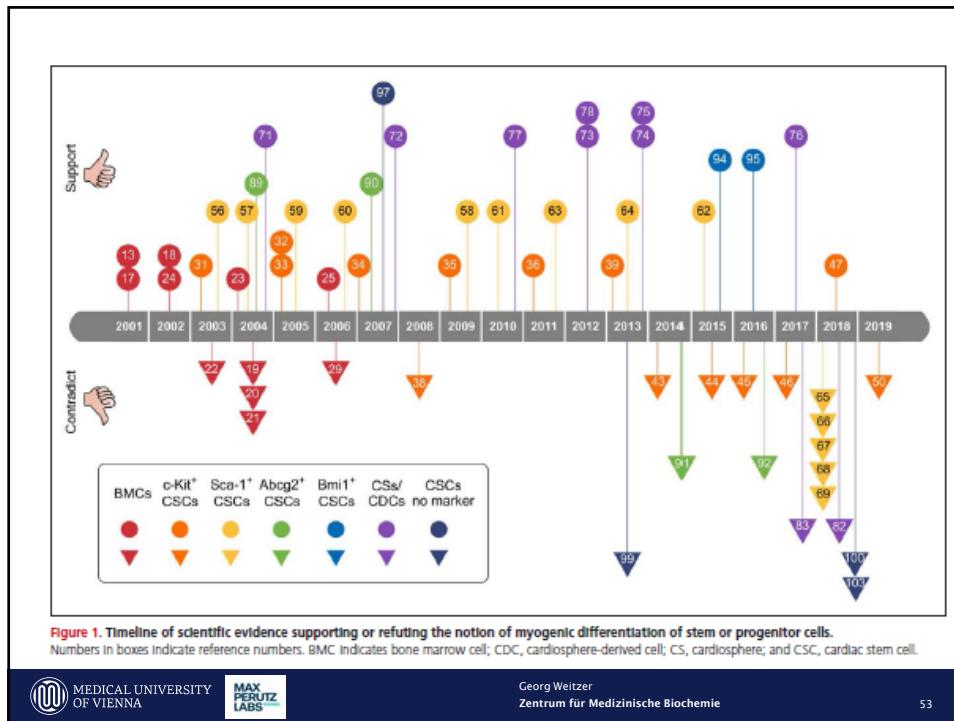
Controversy, Fallacy, and Progress

2020

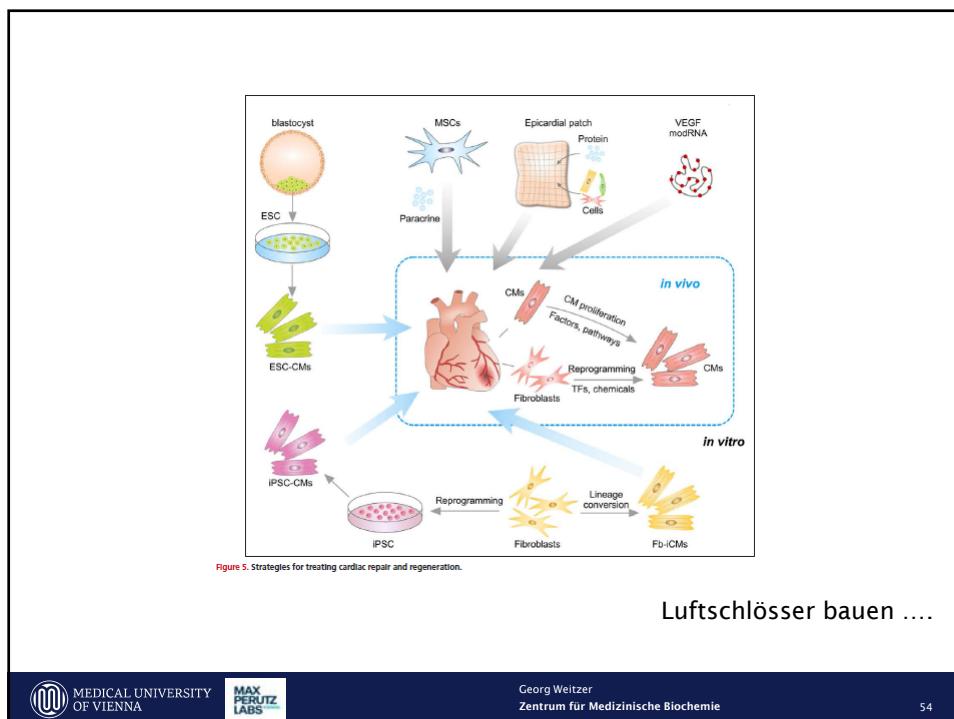
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2001 -2019

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Meta-analysis of stem cell therapy after AMI (2016)

International Journal of Cardiology 177 (2014) 764–770



Review

Effectiveness and safety of selected bone marrow stem cells on left ventricular function in patients with acute myocardial infarction: A meta-analysis of randomized controlled trials

Bei Liu^{a,b}, Chong-Yang Duan^c, Cheng-Feng Luo^d, Cai-Wen Ou^b, Kan Sun^e, Zhi-Ye Wu^a, He Huang^a, Chuan-Fang Cheng^c, Yun-Peng Li^a, Min-Sheng Chen^{a,b,*}

Circulation Research

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INTEGRATIVE PHYSIOLOGY

Cardiac Stem Cell Treatment in Myocardial Infarction

A Systematic Review and Meta-Analysis of Preclinical Studies

Peter Paul Zwetsloot, Anna Maria Dorothea Vagh, Sanne Johanna Jansen van Hout, Gerardus P.J. van Hout, Gillian L. Currie, Emily S. Sena, Hendrik Gremmels, Jan Willem Buijssema, Marie-Josée Ousmanne, Malcolm R. MacLeod, Pieter A. Dievendens, Steven A.J. Chemineau and Jozef P.B. Stegeman

DOI: <http://dx.doi.org/10.1161/CIRCRESAHA.115.307676>

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Bone marrow cell therapy of myocardial infarction in humans

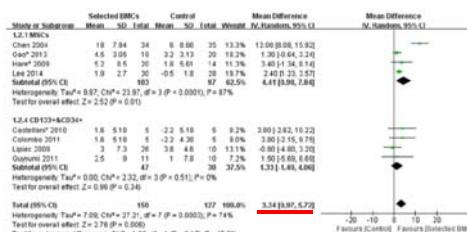
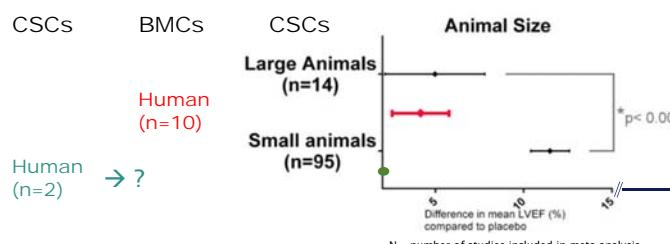


Fig. 6. Forest plot of mean difference (MD) with 95% confidence interval (CI) in left ventricular ejection fraction (LVEF) comparing different cell types in the included trials. Subgroups were divided into (A) BMSCs and (B) CD34+ combined with CD133+.

Cardiac stem cell therapy of myocardial infarction in animals



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Conclusion I

- LVEF is normally between 55 and 70% and live-threatening if below 35 to 40%.
- Acute myocardial infarction (AMI) causes LVEFs well below 35%.
- Clinical studies with different bone marrow-derived cell populations resulted in ~ + 3.3% LVEF
- Animal experiments with different populations of cardiac stem cells
- resulted in ~ + 4.7% LVEF (+12% in small animals)

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Conclusion II

Ad Regenerationsvermögen des Herzens:
(oder Warum ich keine Herzstammzelltherapie Vorlesungen mehr abhalte. (2016)

Herzen haben Herzstammzellen.

Herzzellen können sich auch weiter teilen (ca. 0,5-1% pro Jahr).

Herzzellen sind nicht in der Lage durch Teilung Defekte zu reparieren.

Therapeutisch eingebrachte Stammzellen zeigten bis heute keinen, die Qualität des Lebens verbessernden Effekt.

„Herz-Stammzelltherapie“ ist seit 22 Jahren erfolglos.

Derzeitige Hypothese: „Stammzelltherapien“ könnten positive parakrine Effekte auslösen.

Version 3/2022

Review

Heart regeneration: 20 years of progress and renewed optimism

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<https://doi.org/10.1016/j.devcel.2022.01.012>

Skipped 2023

Figure 1. Overview of heart-regeneration approaches

Approaches to regenerate myocardium include renewal of pre-existing cardiomyocytes by stimulating de-differentiation and proliferation of existing, mature cardiomyocytes, transdifferentiation of noncardiomyocytes into cardiomyocytes such as with gene-therapy methods, and delivery of stem-cell-derived cardiomyocytes either as an injectable system or as a tissue-engineered patch.

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Content of the review

Lesson 1:
Mammalian adult cardiomyocytes can re-enter the cell cycle 0.5-1%

Lesson 2:
Multiple models reveal mechanisms for successful heart regeneration Only small animals

Lesson 3:
Adult stem cells do not participate in cardiomyocyte regeneration Most likely but no final proof

Lesson 4:
Multiple approaches can lead to new cardiomyocytes for failing hearts trivial

Lesson 5:
Important barriers to human therapy are being addressed by fundamental research trivial

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7. take home message

1. Currently CSCs are not superior to BMCs in large animals (and humans).
2. No cell type can increase the quality of life after acute myocardial infarction.
3. There is no cure for degenerative dilated cardiomyopathies.
3. Hence alternative strategies should be evaluated.

The question we ask in our research group at the Max Perutz Labs:

Why have cardiac stem cell be maintained during evolution in mammals if they do not contribute to heart repair?

What are the roles of cardiac stem cells in homeostatic adult and ageing heart?

What is the purpose of CSCs in the adult heart if not the replenishment of the myocardium by proliferation and differentiation?

What is the transcriptional control of the balance between self-renewal and cardiomyogenesis?

First evident mammal: *Juramaia sinensis*

Late Jurassic, 160.89 – 160.25 Ma



Scientific Interest:

The homeostasis of cardiac stem cells and the molecular mechanisms which contribute to the regulation of cardiomyogenesis and homeostasis in the adult heart.

General Aim of Research:

is to understand the role of cardiac stem cells in the healthy, aging and diseased heart
- and as a surplus -
to possibly contribute to new therapies of acute and chronic heart diseases.

Specific Aim of Research:

is to understand the transcriptional regulation of the balance between self-renewal and differentiation of cardiac stem cells by two *non-transcription factor* proteins, desmin and SPARC – during homeostasis, in adulthood, and in ageing.

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The End**You find all slides and the cited review on my homepage at****<https://homepage.univie.ac.at/georg.weitzer/>**MEDICAL UNIVERSITY
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